

NORTHERN CALIFORNIA GROUP PSYCHOTHERAPY SOCIETY



EVENINGS WITH THE MASTERS

"In Treatment"

Demonstrating and Discussing Group Psychotherapy

Just as the TV series *In Treatment* provided an up close look at individual therapy, the **Northern California Group Psychotherapy Society** has designed this "mini-series" to provide an inside view of psychodynamic group psychotherapy. Each of the presenters is highly experienced both in leading groups and in teaching/supervising group psychotherapists, making them well qualified not only to demonstrate Group Therapy but also to explain and discuss what they demonstrate. These events are intended as small, intimate learning experiences and, in most cases, will be held in the group rooms of the presenters. Registrants may opt for the entire series or for individual events as preferred.

Intersubjective Group Psychotherapy

Sacramento: Saturday, March 24 10AM -1PM

Haim Weinberg, PhD

Martha Gilmore, PhD

haim@group-psychotherapy.com

This workshop will discuss and demonstrate Intersubjective Group Psychotherapy, focusing on members' and leaders' subjectivity. We will explore the participants' experience and the difficulty in acknowledging other members' different experiences, the therapist's limitations- including their impact on the group, and the enactments in the group process.

Martha is a Licensed Psychologist, a Certified Group Psychotherapist, and Fellow of the American Group Psychotherapy Association. She has a private practice in Davis and Sacramento, and is Associate Clinical Professor of Psychiatry at U.C. Davis Medical School.

Haim is the President of NCGPS, a Certified Group Psychotherapist, and a Fellow of the American Group Psychotherapy Association. He has a private practice in Sacramento and teaches at the Wright Institute, Alliant University, and the Professional School of Psychology.

Relational Therapy in Women's Groups

Oakland: Saturday, March 31 10AM -1PM

Rose Phelps, LMFT

rosepmft@hotmail.com

This workshop will provide an intimate experience of Relational Cultural Therapy in women's groups. Participants will learn important concepts that lead to relational competence such as the following: the importance of connection; the impact of disconnection and its inevitability; and other healing factors in women's therapy groups.

Rose is a Past President of NCGPS, a Certified Group Psychotherapist, and Group Therapy Training Supervisor at The Psychotherapy Institute in Berkeley. She has been leading women's groups for over 20 years, presents regularly for NCGPS, and practices in Oakland.

Beginning The Journey

San Rafael: Friday, April 13 7-10 PM

Geraldine Alpert, Ph.D.

Elaine Cooper(Lonergan),PhD, LCSW

geraldine.alpert@gmail.com

The first group session provokes excitement and apprehension both for group members and leaders. It is the beginning of a journey that can have profound positive impact, most likely with leaders who know the terrain. Presenters will describe the components for a good beginning, provide a live demonstration and then evaluate its success.

Geri, a Fellow of AGPA, was former President of NCGPS; Associate Clinical Professor of Psychiatry, UCSF Medical School; and Director of Group Training at Saint Mary's. She practices in San Francisco and San Rafael, providing group therapy and consultation for therapists.

Elaine is a Fellow of AGPA, a Past President of NCGPS and a Clinical Professor of Psychiatry at UCSF Medical School. She authored *How to Maintain Groups in Medical and Psychiatric Settings* (Jason Aronson,1981) and practices in Berkeley and San Rafael.

Redecision Therapy in Groups

Los Gatos: Saturday, April 21 10AM -1PM

Phyllis Jenkins, LMFT

phyllisBJenkins@aol.com

A joyful and empathic approach, Redecision Therapy facilitates changing entrenched, distracting beliefs and behaviors that prevent life satisfaction. Brain research supports Redecision practices that excite neural pathways associated with change. Focus will be on facilitating change with immediacy in a group setting that inspires hope, resilience and confidence in members.

Phyllis, a Certified Group Psychotherapist, is President Elect of NCGPS. Mentored by world famous therapists Bob & Mary Goulding, and Erving & Miriam Polster, she practices in Los Gatos, trains therapists internationally, and is known for a lively interactive presentation style.

Phases of Group Development and Emerging Leadership Roles

San Francisco: Friday, April 27 7-10PM

Jim Fishman, LCSW

Linda Rose, LCSW

amesfishman@hotmail.com

Ariadne Beck describes 4 leader roles in all groups: Task, Emotional, Scapegoat, & Defiant. Each leader exerts significant influence upon a group's development. We will describe the 4 roles, the first 3 phases of development, and the issues to be navigated at each phase, followed by an experiential group to illustrate these points.

Jim, a Certified Group Psychotherapist, has been running groups for 30 years, and consulting to group and individual therapists. A frequent presenter for AGPA and NCGPS, Jim practices in SF, and publishes articles on co-leadership (with Linda); sexual compulsivity; and AIDS

Linda, a Certified Group Psychotherapist, has led groups for over 20 years. She is Adjunct Faculty at the Wright Institute and practices in San Francisco where she supervises, consults, and works with couples, families and groups.

ABOUT NCGPS and the EVENINGS WITH THE MASTERS Series

The Northern California Group Psychotherapy Society (NCGPS) is a professional association for therapists interested in Group Psychotherapy. Established over 50 years ago, it is an affiliate of the American Group Psychotherapy Association (AGPA). The Evenings With the Masters Series is one of many NCGPS offerings developed to provide quality group therapy training to our professional community. We are approved as a Continuing Education Provider by the California Psychological Association Accrediting Agency (NORO20), the Board of Behavioral Sciences (PCE745), and the California Board of Registered Nursing (CEP2193). Courses have been submitted to the MCEPAA for approval. For more information about this event, contact Geri Alpert, PhD (415) 453-8969; *geraldine.alpert@gmail.com*

For more information about NCGPS go to www.ncgps.org

REGISTRATION FORM

or

Register on line at: www.ncgps.org

Name _____ License Type _____ E mail _____ Phone _____
Address _____ City _____ Zip _____

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|---|--|-----------------------|
| <input type="checkbox"/> Intersubjective Group Psychotherapy | <input type="checkbox"/> Redecision Therapy in Groups | |
| <input type="checkbox"/> Relational Therapy in Women's Groups | <input type="checkbox"/> Stages of Group Development | |
| <input type="checkbox"/> Beginning the Journey | <input type="checkbox"/> All five events (price of 4 events) | Amount Enclosed _____ |

Fees: Before March 15th: NCGPS Members \$55, Non- Members \$70 , Student Members \$40, Student non- member \$50
After March 15th: Add \$15 for each event. **To join NCGPS** (and pay at member rate) go to NCGPS.org

To complete registration process and confirm reservation, you must RSVP to group leader AND send payment to: NCGPS c/o John Rochios 1844 San Miguel Dr. Ste 311 Walnut Creek Ca 94596

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